

# The Royal Caledonian Curling Club

## Introduction to Coaching Wheelchair Curling Advanced Wheelchair Curling Coaching



### About

These workshops have been created in partnership with British Curling to focus on developing core technical skills, up skilling on new coaching methods and providing tactical techniques to deliver Wheelchair Curling.

The Introduction to Wheelchair Curling Course will focus on 5 key themes:

- Knowledge of Wheelchair Curling
- Safety
- Delivery Options/breakdown
- Specific Warm up & Cool down for Wheelchair users
- Practical on-ice element

This course is suitable for coaches with no experience of wheelchair curling as well as those who want to brush up on some areas. Coaches should hold at least a UKCC level 1 qualification.

The Advanced Wheelchair Curling course has been developed in response to coaches' requests and will include

- Advances in equipment and techniques
- More information on disabilities
- Drill selection
- Strategy and tactics
- Practical on-ice element

This course is suitable for those who have previously attended a Wheelchair Curling course and want to progress their knowledge and skills.

### Application Form

Completed application forms should be returned to:

Royal Caledonian Curling Club  
2A Ochil House  
Springkerse Business Park  
Stirling  
FK7 7XE

*Course cost; £20 members or £25 for non-members. Please note; evidence of membership number will be required upon booking.*

### Payment is by:

- Cheque made payable to RCCC
- Payment over the phone
- Payment by BACS to the RCCC - Sort Code 80-02-27, account number 00979468 quoting your name and course as the reference. **Do not process BACS payment until confirmation of your place has been confirmed by the RCCC office.**

The Royal Caledonian Curling Club • 2A Ochil House • Springkerse Business Park • Stirling • FK7 7XE  
Tel: 0131 333 3003 • e-mail: [office@royalcaledonianscurlingclub.org](mailto:office@royalcaledonianscurlingclub.org) • Website: [www.royalcaledonianscurlingclub.org](http://www.royalcaledonianscurlingclub.org)

#### For office use only

Date	Pay-in No	N/C	Entry No.	Amount	T/C
		4229		£20 /£25	T2

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Please complete all sections in BLOCK CAPITALS.

Course date	
Course venue	
Course Name	
Title	
Candidate name (to appear on certificate)	
Date of Birth	
Address	
Postcode	
Telephone	
Email (please ensure email is clearly written)	
RCCC membership number	
Do you have a Disability or any special requirements to help you access the course? If yes, please describe	
Wheelchair curling experience (if any)	
(For Advanced course only) Date of attendance at first Wheelchair Curling Course	

Coaching commitment	Less than once per month	Once per week
	1- 5 hours per week	5 -10 hours per week
	10 - 20 hours per week	20+ hours a week

By signing below I, the candidate, agree to give permission for my name, date of birth and any other relevant personal details to be used so that I can be registered for this course with the Scottish Qualifications Authority (SQA). I also agree for my details to be held on the Royal Caledonian Curling Club's coaching database.

In addition, I give permission for photographs and videos to be taken of me, and for these photos/videos to be used in any relevant press/media and articles.

Please tick to indicate whether you are subject to a court order or care order preventing the publication and sharing of photos/videos.	Yes	No
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In addition, I have read and I agree to abide and be bound by the RCCC Codes of conduct.

Signed	Date
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### Equality monitoring form

The Royal Caledonian Curling Club (RCCC) is fully committed to making curling a sport for all. The RCCC believes that everyone should have the opportunity to participate should they wish to do so, and no individual should be discriminated against reasons such as age, gender, disability, ethnic origin, religion or belief, sexual orientation or social background.

All applicants for the UKKCC coaching courses are being asked to complete this form in order for us to monitor our equity profile. This will enable us to identify any underrepresented groups or potential areas in our organisation and to take action to address emerging issues. Your answer will be completely confidential and all data will be processed in line with the Data protection Act 1998.

It is not compulsory to complete this form. If you do not want to complete the form, please indicate this by ticking the final box.

<b>Gender (please tick)</b>	
Male	
Female	
I consider myself to be or to have been transgender	
I prefer not to answer this question	

<b>Age (please tick)</b>	
20 years or under	51 - 61
21 - 30	61 - 71
31 - 40	72 or over
41 - 50	I prefer not to answer this question

<b>Disability (please tick)</b>	
Do you consider yourself to have a disability?	
Yes	
No	
I prefer not to answer this question	
<i>In terms of the Disability Discrimination Act 1995 (as amended in 2005) The Royal Caledonian Curling Club will take steps to make reasonable adjustments within the workplace to avoid those who have a disability in terms of the Act from suffering a disadvantage in comparison to those who are not disabled.</i>	

<b>Religion or belief (please tick)</b>	
In order to help The Royal Caledonian Curling Club comply with Race Relations Act 1976 (as amended in 2000) we ask that you indicate your religious beliefs by ticking one of the boxes below. These categories are in line with those recommended by the Equality and Human Rights Commission	
Buddhist	Jewish
Christian:	Muslim
• Protestant	Sikh
• Roman Catholic	No religion

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• Other (please provide details)	Other (please provide details)	
	I prefer not answer this question	

#### Ethnic origin

In order to help the Royal Caledonian Curling Club comply with the Race Relation Act 1976 (as amended in 2000), please indicate your ethnic origin by ticking one of the boxes below. These categories are in line with those recommend by the Equality and Human Rights Commission.

White	• Bangladeshi	
• Scottish	• Chinese	
• Other British	• Any other Asian background	
• Irish	Black, Black Scottish or Black British	
• Any other white background	• Caribbean	
Mixed	• African	
• Any mixed background	• Any other Black background	
Asian, Asian Scottish or Asian British	Other ethnic background	
• Indian	I prefer not answer this question	
• Pakistani		

#### Sexual orientation

In order for the Royal Caledonian Curling Club to comply with Sexual Orientation Discrimination Regulations (The Employment Equality (Sexual Orientation) regulations 2003). We ask that you indicate your sexual orientation by ticking one of the boxes below:

Heterosexual (straight)	Bisexual	
Homosexual	I prefer not to stay	
Other		

#### Data consent

I consent to the date on this equity Monitoring Form being used by the Royal Caledonian Curling Club and that it will be processed in line with the principles of the Data Protection Act 1998.

I do not wish to complete this form

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