

## 4. COACH TO PLAYER RATIO

### GUIDANCE ON ADULT TO CHILD RATIOS

As a guide, the following ratios are recommended in the National Care Standards Early Education and Childcare up to the age of 16 (Scottish Executive, 2005):

If all children are over 8 the ratio is **1:8**

The RCCC recommends for children over 8, whenever possible a lower adult to child ratio of **1:6**

Children under the age of 8 are not generally involved in curling. But a lower ratio of **1:4** is recommended

All activities should be planned to involve **at least** two adults, preferably one male and one female. One coach is required to be qualified to a **minimum** of RCCC UKCC Level 1 coach. To manage larger numbers within the adult to child ratios, additional adults who do not hold coaching qualifications can participate in the session as 'on ice helpers' provided they are suitably inducted by the club and have a clear PVG.

As a general guide, the following factors will also be taken in to consideration in deciding how many adults are required to safely supervise children:

- The number of children involved in the activity
- The age, maturity and experience of the children
- Whether any of the group leaders or children has a learning or physical disability or special requirements
- Whether any of the children have challenging behaviour
- The particular hazards associated with the activity
- The particular hazards associated with the environment
- The level of qualification and experience of the leaders
- The programme of activities

